

FROM HEAD TO TOE,
TAKE CONTROL:
PREVENT THROMBOSIS,
PROTECT YOUR HEALTH



UNDERSTANDING THROMBOSIS: TYPES AND WARNING SIGNS

Arterial Thrombosis

Ischemic Stroke

Sudden weakness, vision problems, speech difficulty, limb paresthesia/paralysis

Myocardial Infarction (Heart Attack)

Chest pain, shortness of breath, nausea

Peripheral Arterial Thrombosis

Sudden limb pain, cold or pale skin, numbness or tingling, weak or absent pulse, muscle weakness, blue or mottled skin

Venous Thrombosis

Deep Vein Thrombosis (DVT)

Swelling, pain, warmth, redness

Pulmonary Embolism (PE)

Shortness of breath, chest pain, rapid heart rate

Cerebral Sinus Venous Thrombosis (CSVT)

Severe headache (often the first symptom), vision problems, seizures, nausea or vomiting, stroke-like symptoms (weakness, difficulty speaking, confusion)

Abdominal Vein Thrombosis (AVT)

Abdominal pain, bloating, nausea, vomiting, blood in stool, swelling in abdomen, fever