

FROM HEAD TO TOE,  
**TAKE CONTROL:**  
**PREVENT THROMBOSIS,**  
**PROTECT YOUR HEALTH**



# UNDERSTANDING THROMBOSIS: TYPES AND RISK FACTORS

## Arterial Thrombosis

### Ischemic Stroke

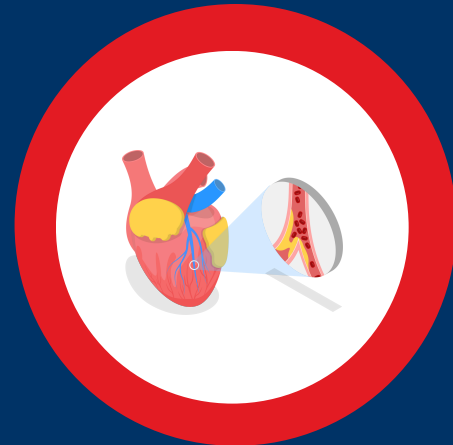
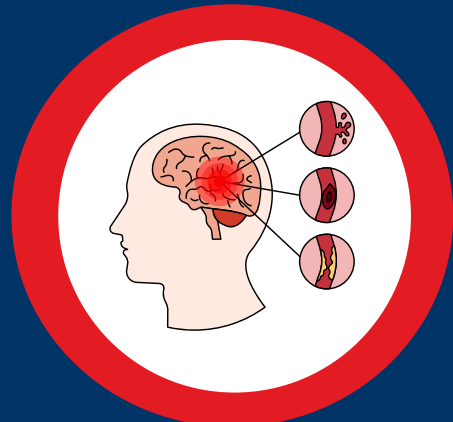
High blood pressure, smoking, diabetes, high cholesterol, obesity, family history, advanced age, atrial fibrillation

### Myocardial Infarction (Heart Attack)

High blood pressure, smoking, diabetes, high cholesterol, obesity, family history, advanced age, coronary artery disease

### Peripheral Arterial Thrombosis

High blood pressure, smoking, diabetes, high cholesterol, obesity, family history, advanced age



## Venous Thrombosis

### Deep Vein Thrombosis (DVT) and Pulmonary Embolism (PE)

Prolonged immobility, prior history of clots, chronic medical conditions, surgery, injury, inherited clotting disorders, family history of blood clots, pregnancy, hormone therapy, cancer

### Cerebral Sinus Venous Thrombosis (CSVT)

Hormonal contraceptives, pregnancy, infection, inherited clotting conditions, cancer

### Abdominal Vein Thrombosis (AVT)

Blood clotting disorders, cancer, liver disease, abdominal infections, pregnancy, birth control pills, recent surgery

